Frequently Asked Questions

TOPIC #1 Symptoms:

What should I do if I am exhibiting fever, cough, difficulty breathing or shortness of breath?

If you have these symptoms, call your primary care physician. You should wear a mask, which can be provided to you, by calling public safety at 609-947-5940 or extension 5940 from an IAS phone, to help prevent the spread of the virus until you have been seen by a doctor. If you feel seriously ill, visit the Emergency Department (ED), but wear a mask and contact the ED ahead of your visit via phone at 609-853-7100, to let them know of your symptoms and exposure.

If you do not have a primary care physician, Princeton Health Care system recommends that you contact the NJ Coronavirus hotline for assistance on how to proceed. They can be reached at 1-800-222-1222. If you are calling from an out of state phone number please call 1-800-962-1253. Hit any key for immediate assistance.

You should NOT come to work/campus until you have been seen by a healthcare professional. If you are tested for coronavirus (COVID-19), you should stay home until you receive your test results. Please also notify Institute administration at 609-734-8046 or via email at covid19@ias.edu or Public Safety after hours at 609-947-5940.

We have thermometers available at reception in Fuld Hall, if you are too sick to leave your housing unit, please call extension 0 to have one delivered to your door.

What should I do if I know I was in close contact with someone who was diagnosed with coronavirus within the last 14 days but I don’t have any symptoms. Is it ok to come to work/campus? Do I need to notify anyone?

Anyone who has been in close contact with a coronavirus patient is required to self-quarantine for 14 days under the updated New Jersey Department of Health guidance. Please also notify Janine Purcaro at 609-734-8046 or Jennifer Richardson at 609-734-8245 or via email at covid19response@ias.edu

After hours please contact Public Safety at 609-947-5940 regarding how to proceed.
**TOPIC #2 Supplies for self-isolation:**

*What should I do if I have to self-isolate?*

The Institute is here to support you in any way we can. We recommend that all campus residents ensure they maintain a food supply in their home that would last for the duration of a self-isolation period. Alternatively a combination of stored supplies and a food/grocery delivery service could supplement your personal supply during that period of time. Preparedness in this regard is recommended.

Wegmans participates in home delivery, follow the link below for more information.

https://www.instacart.com/princeton-nj/wegmans

As mentioned above, the Institute can provide you with masks if you are ill and need to see a medical provider as well as provide you with a thermometer. Contact reception at extension 0 if you need either of these items to be delivered to your door.

**TOPIC #3- What should I do if I have plans to travel to any of the countries on the Center for Disease Control (CDC) lists?**

Effective March 9th, 2020, the Institute has updated its position on travel to countries with widespread impact from the COVID-19. Travel to any of the countries on the CDC Level 3 list (China, Iran, South Korea & Italy) for research or other purposes is PROHIBITED until further notice. If you have just returned from any of those countries, you must notify us at this email jrichardson@ias.edu or 267-994-8859 of your return date and you will not be cleared to return to campus until you have completed the 14 day self-isolation period and are symptom free. If you need support or assistance during your isolation period, please let us know.

Given the rapidly developing situations, if your IAS sponsored international or domestic travel is *not essential*, we STRONGLY recommend postponing your plans as the environment is changing daily. There are potential logistical challenges of returning to campus from traveling at this time, either related to possible quarantine abroad, or potential delays in returning to the Institute from exposure while traveling. We expect that these guidelines may become more restrictive for both international as well as domestic travel in the near future as the
virus spreads. We recommend leveraging virtual meetings and online conference services in lieu of in-person meetings.

If you are considering booking travel for the coming months, we recommend delaying it until just a few weeks before your intended trip, and re-confirming travel restrictions at that time. If you must book travel, booking a changeable or refundable flight is advisable.

**What should I do about my upcoming personal travel plans?**

The Institute cannot advise on personal travel. However, we do recommend that you follow the CDC guidelines for personal travel. Travel to restricted areas, or exposure to COVID-19, may result in an isolation period upon your return to home.

**TOPIC #4: Events**

**Who should I contact if I am planning a visit to the Institute, or to return to the Institute, and have been in an area where COVID-19 is known to be present?**

We are requesting that all Faculty, Members, staff, and any friends and visitors who have recently been in areas where the virus is widespread, or who have been exposed to the virus, to wait to visit our campus until after they have completed the recommended 14-day self-isolation period. In addition, anyone who is sick with symptoms other than those of the Coronavirus are also being asked to stay home for at least 24 hours after your symptoms are gone to avoid spreading illness. Please complete this survey [https://forms.ias.edu/form/travel-questionnaire](https://forms.ias.edu/form/travel-questionnaire) and wait for confirmation from the Institute before coming to campus.

**Is the Institute cancelling conferences, events, or lectures?**

As of March 9th, 2020, the Institute is cancelling all large public events.

**Are there currently restrictions on visitors to the Institute campus?**

Effective March 9th, 2020, anyone from CDC Warning Level 3 countries (currently mainland China, Iran, Italy, and South Korea) is PROHIBITED from visiting campus unless they have been outside of these countries for at least 14 days AND exhibit no symptoms of the coronavirus. Visitors include conference, event or lecture attendees and anyone aside from Faculty, Members and Staff who are not
regularly on campus. Please complete this survey [https://forms.ias.edu/form/travel-questionnaire](https://forms.ias.edu/form/travel-questionnaire) and wait for confirmation from the Institute before coming to campus.

**OTHER FAQ’s**

*Are there any confirmed cases of COVID-19 at the Institute, or in Princeton?*

No, not at this time. We will provide important health updates on a regular basis. If there is a confirmed case of COVID-19 on campus, or in the local community, the Institute will share that information with the campus community.

*Are there cases of COVID-19 in New Jersey?*

Yes there are. For the most up-to-date state information, please visit the NJ Department of Health’s website at the link below.

[https://www.nj.gov/health/cd/topics/ncov.shtml](https://www.nj.gov/health/cd/topics/ncov.shtml)

*Where can I find information from the Centers for Disease Control?*


*What else can I do to help?*

The best defense against any illness is to take normal precautions; be intentionally hygienic, cough into your arm (not your hand), adopt the Institute’s no-handshake policy, don’t share food/drinks with anyone, wash your hands more than normal and use the hand sanitizers around campus, and avoid touching your face.

Test your office computer for teleconferencing for meetings. If you have a laptop or other computer equipment at home, test your devices and VPN connections in the event you need to access work from home.

IAS has added extra protocol around cleaning our common areas. We recommend that you regularly disinfect your work space.
What if I have questions not covered in this list?

At IAS, we are committed to continually monitoring this evolving situation and supporting our community. We are meeting frequently to review and update our plans and will continue to send regular announcements and update the IAS website home page with the latest information.

Specific questions can be addressed to covid19response@ias.edu

We appreciate your continued partnership in this effort.