

# Frequently Asked Questions

## Q – What are the current travel related quarantine protocols for New Jersey?

Travelers and residents returning to New Jersey from any U.S. state or territory beyond the immediate region (New York, Connecticut, Pennsylvania, and Delaware) should self-quarantine at their home, hotel, or other temporary lodging following recommendations from the CDC:

- If travel is unavoidable, travelers should consider getting tested with a viral test (not an antibody test) 1-3 days before the trip and again 3-5 days after the trip.
- If travelers test positive, they should self-isolate for at least 10 days and should postpone travel during that time.
- If travelers test negative, they should quarantine for a full 7 days after travel.

If testing is not available (or if the results are delayed), travelers should quarantine for 10 days after travel.

## Q – If I test positive, will my results be shared?

A – The COVID-19 Response Team will need to communicate with the community if there is a positive case on campus. In addition, during the contact tracing efforts, the only information that will be shared is that they may have been in contact with someone who tested positive. We will assure your privacy and confidentiality throughout the process.

## Q – What is the definition of a close contact?

A – A close contact is defined by CDC as someone who was within 6 feet of an infected person for at least 15 minutes starting from 2 days before illness onset (or, for asymptomatic cases, 2 days prior to positive specimen collection) until the time the patient is isolated.

## Q – What should secondary contacts do? I am not sick, but have been in close contact with someone who is under self-quarantine because they were in close contact with someone who tested positive?

A – Being a secondary contact does not require self-quarantine. However, you should continue to monitor your symptoms and if the person you were in close contact with tests positive, you should get tested and self-quarantine. If the person you were in close contact with tests positive, you will need to complete the [COVID-19 Reporting form](#).