

Delivery Services

Many of our incoming scholars will have to self-isolate/quarantine for 14 days upon arrival. The Institute is here to support you in any way we can and have identified grocery, meal, pharmacy and other delivery services to assist you in getting what you need to settle in.

All of the services/stores listed below offer either delivery directly to your apartment or contactless pickup depending on the location. Many require a lead time so please check the websites now to ensure you will be prepared up upon arrival. We are also recommending that during your stay at IAS you always maintain a food supply that would last the duration of a self-isolation period should you ever need another one. Preparedness in this regard is recommended.

Food & Grocery Options: (the Zip Code for Princeton, NJ is 08540)

- **Whole Foods**

- https://www.amazon.com/alm/storefront?almBrandId=VUZHIFdob2xllEZvb2Rz&ref=US_TR%20F_ALL_UFG_WFM_REFERER_0422447

- Food can be delivered on the same day or the next day during a specific window of time depending on availability of time slots. The delivery cost of the time windows varies.

- **Shoprite** <https://www.instacart.com/princeton-nj/shoprite>

- There is a required minimum of \$10 in your cart in order to check out.
 - Delivery is based on time slots, available from two hours from submission to five days in the future.

- **Freshdirect**

- https://www.freshdirect.com/?utm_campaign=fdnj1&utm_medium=organic&utm_source=yext

- Available for delivery or pickup.
 - Required minimum of \$30 for delivery and \$99 for pickup before checkout.
 - Select a time slot for delivery or to pick up that is still available, time slots are available every day for up to a week in advance

- **Misfit Market** <https://www.misfitsmarket.com/>
 - Produce that is perfectly fresh, and edible but may have imperfections so is not sold in stores (up to 40% savings)
 - Choose what day and how frequently (weekly or bi-weekly) your box of produce is delivered to you
- **North East Restaurant Direct** <http://nerestaurantdirect.com/pages/home-delivery-customers.html>
 - Delivery service with a window of 10:00 AM to 6:00 PM
 - \$25 minimum for your delivery order
 - Used to deliver only to restaurants but now does home delivery
- **Zone 7** <http://freshfromzone7.com/home-delivery/>
 - Food fresh from local farms
 - Packages arrive every Wednesday between 6:00 AM and noon.
 - You have from Friday to Sunday at 5:00 PM to make your selections of food
 - Billing occurs after the delivery complete

Meal Kit Services (includes ingredients & recipes):

- **Blue Apron** <https://www.blueapron.com/>
 - Select an available delivery date
 - Customize meal sizes and choose meals
- **Hello Fresh** <https://www.hellofresh.com/>
 - Delivered once per week
 - Customize meal sizes and choose several meals per week

Pharmacy/Drugstore:

- **CVS** <https://www.instacart.com/princeton-nj/cvs>
 - Differs from traditional food stores as CVS is a drugstore with a pharmacy and related supplies
 - There is a required minimum of \$10 in your cart in order to check out.
 - Delivery is based on time slots, available from two hours from submission to five days in the future.