Hatha Yoga

“I feel so relaxed” is the comment most often heard from those who participate in the Friday Hatha Yoga classes held from 12:00–1:00 p.m. in the Dilworth Room. You are welcome to join the sessions at any time and are encouraged to bring a towel or yoga mat and to wear loose clothing. No reservation is needed.

Reading Group: Special Session

Local author, Gwen Southgate, has written a fascinating autobiography about growing up in the 1930s in London and surviving the war years. Gwen has agreed to read a few chapters from her book, Coin Street Chronicles, to the Reading Group on Friday, November 20, at 10:30 a.m. in the Activities Center. A discussion of the book will follow. Anyone is welcome, no need to be a member of the group, but please make a reservation by contacting Linda Geraci at (609) 734-8259 or lgeraci@ias.edu. Coffee and nibbles will be provided.

Ballroom Dancing

No partner and no previous dancing experience is needed for the Ballroom Dancing lessons that begin on Monday, November 2, in the Full Hall Common Room at 7:30 p.m. Learn the basics of the Fox Trot, Swing, or Waltz as well as Latin dances like the Cha Cha, Rhumba, or Salsa. There is no fee and no reservation is needed.

Daylight Saving Time Ends

Can you find this green post in the Institute Woods? If so, give yourself a bonus point (see page 1).

Upcoming December dates:

- Dec. 1, 8, 15 Buffet Supper - 6:00–8:30 p.m.
- Dec. 2 Mulled Wine and Mince Pie Reception - 5:30–7:30 p.m.
- Dec. 4 Children’s Holiday Party - 5:00–7:00 p.m.
- Dec. 7, 14, 21 First and Third Thursdays - 5:00–7:00 p.m.
- Dec. 8 Holiday Buffet Dinner at 5:00 p.m.
- Dec. 9 Children’s Holiday Party - 5:00–7:00 p.m.
- Dec. 10 Children’s Holiday Party - 5:00–7:00 p.m.
- Dec. 11 Christmas Craft Fair - 9:00–5:00 p.m.
- Dec. 15 Hatha Yoga - 7:00 a.m.
- Dec. 16 Holiday Buffet Dinner at 5:00 p.m.
- Dec. 17 Christmas Tree Decorating - 10:00 a.m.
- Dec. 18 Term II ends Dec. 22
- Dec. 19 Christmas Tree Sale - 10:00 a.m.–2:00 p.m.
- Dec. 20 Daily Drop-in - 6:00–8:00 p.m.
- Dec. 22 Children’s Holiday Party - 5:00–7:00 p.m.
- Dec. 23 Last Lunch until Jan. 4, 2010

Related Websites at a glance:

- www.contespizzaandbar.com
- www.guanabanaconnections.com
- www.princetonbooks.com
- http://artmuseum.princeton.edu
- www.princeton.edu
- www.princetonhistory.org
- www.princetontwp.org/marquand.html
- www.ias.edu
- www.statemuseums.org
- www.marquandlibrary.org
- www.historiconvem.org
- www.princetonhistory.org
- www.marquandlibrary.org

Please contact Linda Geraci with questions about AMIAS Activities at (609) 734-8259 or lgeraci@ias.edu.

Related Websites at a glance:
Parading on Thanksgiving Day

that were frightening children along the parade route, Macy’s introduced helium balloons, now the signature attraction of this parade. Interestingly enough, that fact makes Macy’s the world’s second largest consumer of helium, with the United States government being the first. For tips on where best to watch the parade (no, you cannot buy tickets . . . ) and where to eat afterwards, please search online.

Philadelphia claims to have the oldest parade, dating back to 1920. If you go to www.gophila.com you will find more information about that parade. Both parades are held rain or shine but since Thanksgiving Day is at the end of November you should bundle up, even if the sun is shining when you leave your apartment. Both parades can also be watched live on TV in case you are not the outdoor type or you have to stay in Princeton that day.

Brig Gebert writes:

It seems that Thanksgiving in the United States is about more than family gatherings with lots of food. With Princeton located halfway between two major cities, you have access to the famous parades in Philadelphia and New York City that will take place on Thanksgiving Day, November 26.

The New York City website www.nyctourist.com/macyshistory1.htm explains its parade history as follows: “It actually stems from European tradition. In the 1920s many of Macy’s department store employees were first-generation immigrants. Proud of their new American heritage, they wanted to celebrate the American holiday with the type of festival they loved in Europe.” To substitute the live animals that were frightening children along the parade route, Macy’s introduced helium balloons, now the signature attraction of this parade. Interestingly enough, that fact makes Macy’s the world’s second largest consumer of helium, with the United States government being the first. For tips on where best to watch the parade (no, you cannot buy tickets . . . ) and where to eat afterwards, please search online.

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Our family has never been to either one, but we know families who would not “do” Thanksgiving without the parade experience. Please let your Tiger team know how you liked it and share some photos.

Make your reservations now for the Holiday Buffet on Friday, December 18. Reservations are limited and tend to fill up quickly! For more information, visit www.admin.ias.edu/dh/sitebuffet.

Princeton University Games

Trip to The Metropolitan Museum of Art in New York City

Linda Geraci writes:

On November 21, our trip to The Metropolitan Museum of Art will include an optional tour of the Robert A. Ellison Jr. Collection in the New American Wing, given by Jonathan Clancy, Director of the American Fine and Decorative Arts Program at Sotheby’s Institute of Art. The cost of the trip is $25 per adult and $15 per child ages 5–12. We will depart from the front of Fuld Hall at 8:00 a.m. and return to the Institute at 5:30 p.m. Reservations are required and can be made through the AMIAS website: www.ias.edu/people/amias/trips. Please refer questions to Linda Geraci at lgeraci@ias.edu or (609) 734-8259.

If you are a fan of sports, attending games at Princeton University can be invigorating and connect you to a larger community. Admission to many of the sporting events is free and the settings are beautiful, particularly the state-of-the-art $8.4 million soccer stadium. Baker Rink, the oldest hockey building in the Ivy League, was modernized a few years ago but still retains its stone wall charm. Beyond baseball, basketball, football, hockey, and soccer, there are squash and tennis matches, swimming and diving meets, and fencing, crew, and volleyball competitions that are much more fun to watch than you might think. More information about schedules and tickets are available at www.goprincetontigers.com. Children may also wish to become a member of the Tiger Cub Club (it’s free); look for the club icon on the website for more information.

November 2009

Sun Mon Tue Wed Thu Fri Sat
1 2 3 4 5 6 7
English Conversation, 10:00 a.m., OL After Hours Conversations, 5:15 p.m., HB AMIAS Music Monday, 7:00 p.m., DR Ballroom Dancing, 7:30 p.m., CR
Pottery Class, 9:30 a.m., AC Coffee and Sippy Cups, 10:00 a.m., AC Dinner, DH Film Series, 8:00 p.m., WH
8 9 10 11 12 13 14
English Conversation, 10:00 a.m., OL After Hours Conversations, 5:15 p.m., HB Ballroom Dancing, 7:30 p.m., CR
Pottery Class, 9:30 a.m., AC Coffee and Sippy Cups, 10:00 a.m., AC Public Lecture, 4:30 p.m., AC Dinner, DH
15 16 17 18 19 20 21
English Conversation, 10:00 a.m., OL After Hours Conversations, 5:15 p.m., HB Ballroom Dancing, 7:30 p.m., CR
Pottery Class, 9:30 a.m., AC Playreading, 7:00 p.m., MBI Buffet Dinner, DH
22 23 24 25 26 27 28
Princeton Symphony Concert, 4:30 p.m., WH
English Conversation, 10:00 a.m., OL After Hours Conversations, 5:15 p.m., HB Ballroom Dancing, 7:30 p.m., CR
Coffee and Sippy Cups, 10:00 a.m., AC No Dinner
29 30
English Conversation, 10:00 a.m., OL

AC: Activities Center; BH: Bloomberg Hall; CR: Common Room; DH: Dining Hall; DR: Dilworth Room; HC: Housing Complex; MH: Marquand House; OL: 97 Olden Lane; TC: Tennis Courts; WH: Wolfensohn Hall; WLH: West Building Lecture Hall; WLR: White-Levy Room.

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