

AMIAS *Activities*



Association of Members of the Institute for Advanced Study



Hatha Yoga

Fridays in the Dilworth

12:00 p.m. ~ 1:00 p.m.

January 6, 13, 20, 27

February 6, 10, 17

March 2, 9, 16, 23, 30

April 13, 20, 27

May 11, 18, 25

(no class 2/24, 4/6 & 5/4)

All levels welcome.

Exercise mat or
towel suggested.

There is no fee and no
reservation needed.

*For more information contact Linda Cooper at
llg@ias.edu or 609.734.8259*